

## **PREAMISSION TESTING (PAT)**

**YOU DO NOT NEED TO FAST UNLESS SPECIFICALLY TOLD BY DOCTOR**

### **What the patient should expect**

#### **1. One Day Patients**

Blood work if ordered by physician

EKG if ordered by physician

The Appointment will take about 30 to 45 minutes

Bring a list of your medications or the bottles with you

#### **2. Outpatient Extended (23 hr)**

Blood work if ordered by physician

EKG if ordered by physician

Interview with an Assessment Nurse (patient education, anesthesia screening and teaching)

History and Physical by Practitioner

The Appointment will take about 45 to 90 minutes

Bring a list of your medications or the bottles with you

#### **3. Same Day/ Inpatient**

Blood work if ordered by physician

EKG if ordered by physician

Interview with an Assessment Nurse (patient education, anesthesia screening and teaching)

History and Physical by Practitioner (long form)

The Appointment will take about 60 to 120 minutes

Bring a list of your medications or the bottles with you

**IF CXR OR ADDITIONAL TESTS ORDERED MAY INCREASE TIME**

Classes for GU, Open Heart, Joint (Hip and Knee), Spinal, and Breast Related add 1 to 2 more hours on the Appointment time. The class is part of the Appointment visit.



## About Your Anesthesia

An anesthesiologist is a specialized doctor who gives anesthesia. You will meet with your anesthesiologist on the day of surgery. He or she will discuss your plan of care and recommend the anesthesia suited for you and your operation.

There are different types of anesthesia and your doctor will select one based on your health and the type of surgery you are having.

### Types of anesthesia:

#### General anesthesia

With general anesthesia, you will be completely asleep for your surgery. You will be given medication so you can go to sleep. You will stay asleep for the surgery with medications through your IV and with gas that you breathe. When the medicines are stopped at the end of surgery, you will then wake up.

#### Regional anesthesia

With regional anesthesia, a specific part of your body will be numb by use of medicine to block the nerves. The medicine may be given in your back (as spinal or epidural anesthesia) or near the nerves where the surgery is being done. This may be the best choice for the type of surgery or your health condition. Frequently, medications are given in addition through IV to make you relaxed or sleepy.

#### Local anesthesia

This type of anesthesia will numb only a small area such as part of your hand or foot. This medication is injected into the small area requiring surgery so you will not feel pain. You are awake with this type of anesthesia.

**□ Local anesthesia with IV sedation**

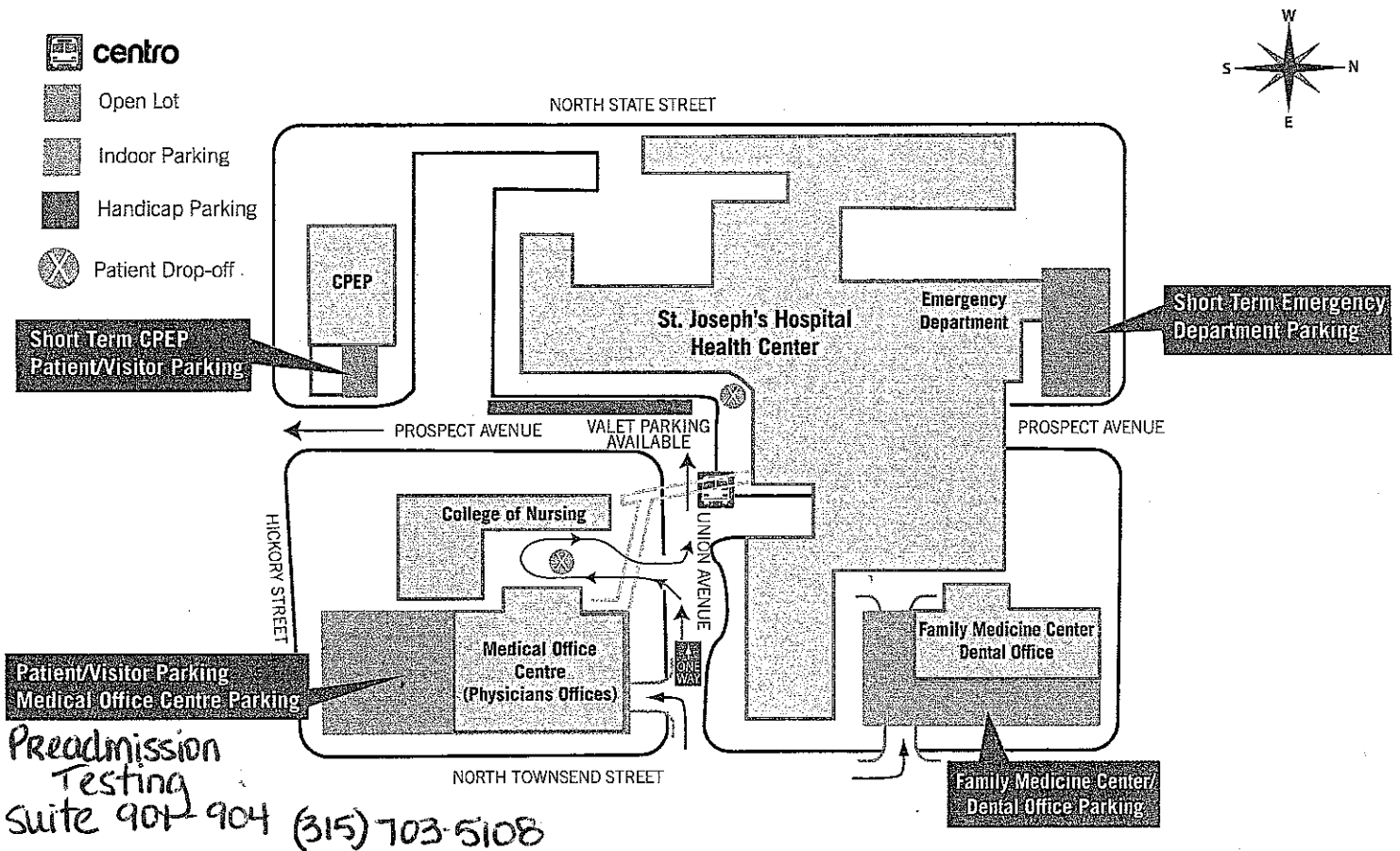
Many surgeries can be done by the surgeon injecting the area with a local anesthetic medication to numb that specific area. In addition you will be given medication through your IV to make you relaxed or very sleepy to minimize your stress during the surgery. You will be comfortable but not completely asleep.

People have different reactions to anesthesia. **It is very important to tell us if you have had problems with anesthesia in the past. Especially if you or a relative have Sickle Cell Disease, Malignant Hyperthermia or problems with muscle relaxants.** The most common reaction is nausea and vomiting. It is important that you follow the information you are given about not eating or drinking before surgery and which of your regular medicines you should take before surgery. If you do not receive instructions from a Health Care Provider, take your morning medications with a small sip of water.

Please let us know if you have any special dental caps, appliances, partial bridges or loose teeth. Leave all jewelry at home. We recommend that you remove nail polish and makeup before coming for surgery.

For additional information you may visit our website at “[anesgrp.com](http://anesgrp.com)”

# St. Joseph's Hospital Health Center Parking Map



## Directions to St. Joseph's Hospital Health Center

### FROM THE SOUTH:

Take 81 North to Exit 18 (Adams St.); proceed straight on Almond; turn left on to Erie Blvd E; turn right on N. Townsend St.; turn left on Union Avenue and make a quick left into the Hospital Parking Garage. Take the pedestrian bridge from level six of the garage to the main lobby of the hospital.

### FROM THE NORTH (& AIRPORT):

Take 81 South to Exit 19 (N. Salina St.); turn left on E. Willow St.; turn left on N. Townsend St.; turn left on Union Avenue and make a quick left into the Hospital Parking Garage. Take the pedestrian bridge from level six of the garage to the main lobby of the hospital.

### FROM THE EAST:

Take 690 West to Exit 13 (N. Townsend St.); turn right on N. Townsend St. turn left on Union Avenue and make a quick left into the Hospital Parking Garage. Take the pedestrian bridge from level six of the garage to the main lobby of the hospital.

### FROM THE WEST:

Take 690 East to Exit 13 (81 South); take 81 South to Exit 18 (Harrison St.); turn right on Harrison St.; turn right on Townsend St.; turn left on Union Avenue and make a quick left into the Hospital Parking Garage. Take the pedestrian bridge from level six of the garage to the main lobby of the hospital.

### FROM THE NYS THRUWAY:

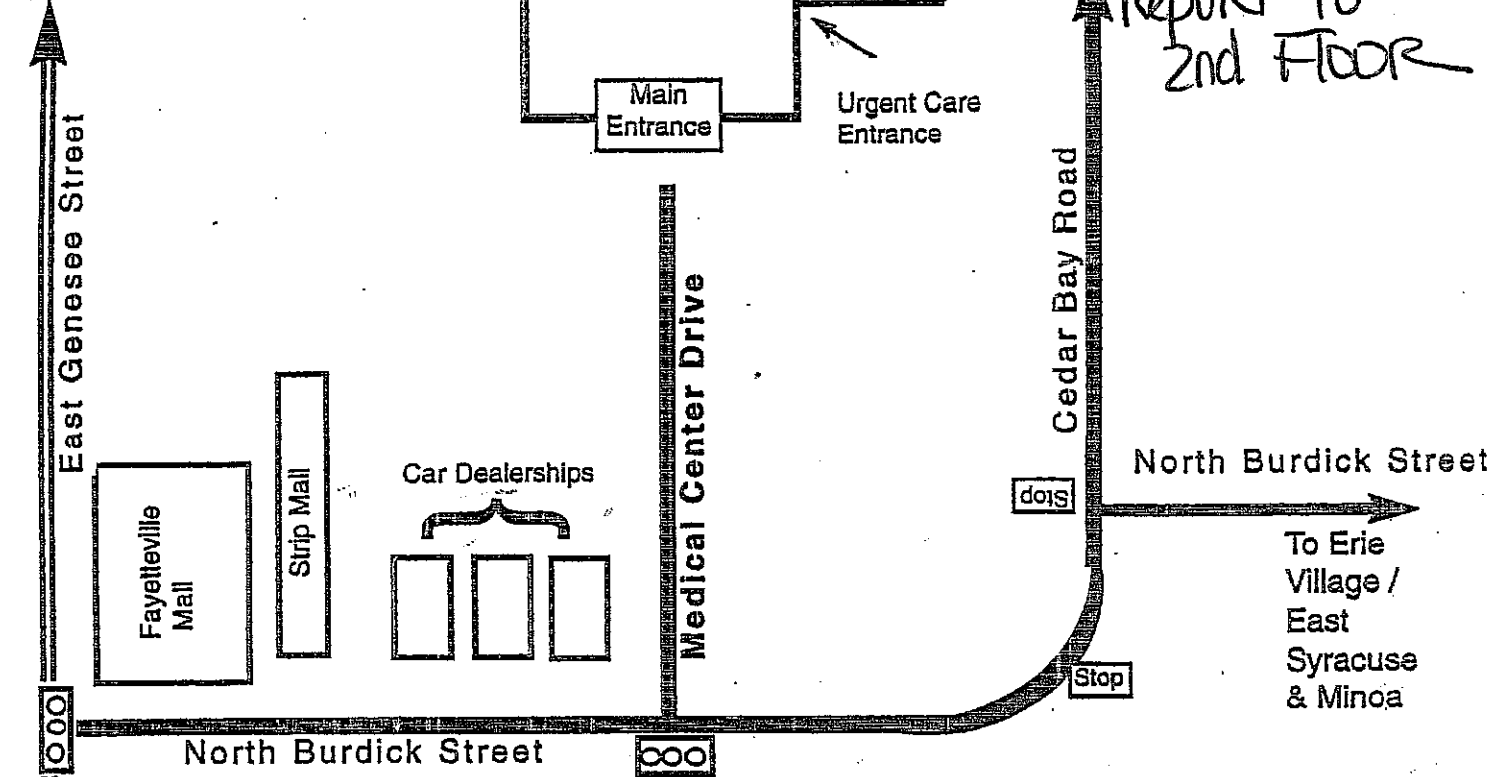
Exit 36 to 81 South. Take 81 South to Exit 19 (N. Salina St.); turn left on E. Willow St.; turn left on N. Townsend St.; turn left on Union Avenue and make a quick left into the Hospital Parking Garage. Take the pedestrian bridge from level six of the garage to the main lobby of the hospital.



A HIGHER LEVEL OF CARE

301 Prospect Avenue  
Syracuse, NY 13203  
(315) 448-5111

To Dewitt /  
Downtown  
Syracuse



Rt. 5

To the  
Village of  
Fayetteville

**From Route #481**

Rt. 481 to Exit #3 - Fayetteville/Manlius Exit. Right onto Route 92 (Highbridge St). Past Wegman's Shopping Plaza on left; Bear left at intersection to Route 5 - East Genesee Street, towards Village of Fayetteville. Left onto North Burdick Street at Fayetteville Mall (on left). Past three car dealerships on left to traffic light. Left onto Medical Center Drive to Northeast Medical Center.

**From East Syracuse**

South on Manlius Center Road to North Burdick Street. Past Erie Village on left, to traffic light. Take left, remaining on North Burdick Street. At traffic light, take right onto Medical Center Drive to Northeast Medical Center.

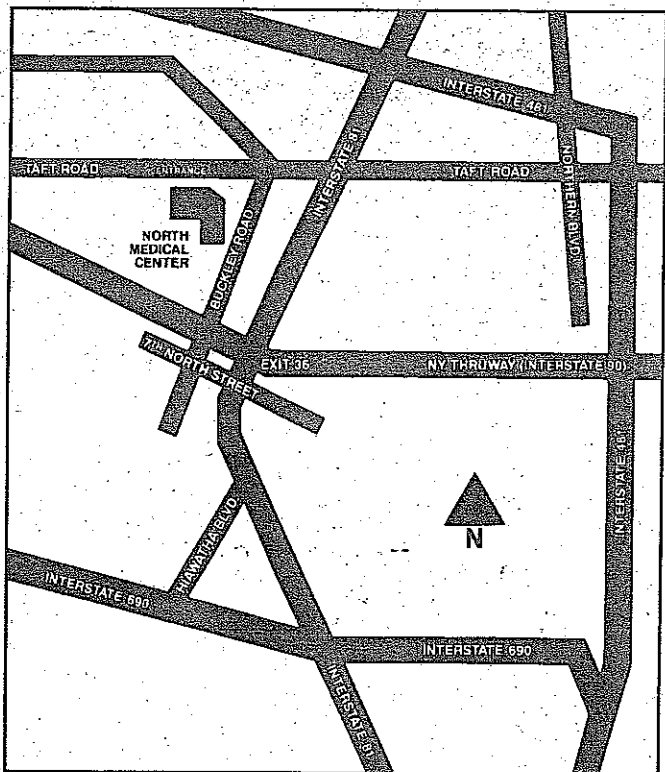
**From East of Fayetteville**

West on Route 5, through the village of Fayetteville. At stoplight, take a right onto North Burdick Street. Past the Fayetteville Mall and car dealerships. At stoplight, take left onto Medical Center Drive to Northeast Medical Center.

**UPSTATE SURGICAL GROUP, P.C.**

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  - ☐ 4301 Medical Center Dr., Ste. 301, Fayetteville, NY 13066
- Telephone: (315) 634-3399

## Directions to St. Joseph's North Surgery Center

**FROM THE SOUTH:** Exit 81 N. at 7th North St.; turn right on 7th North St. to Buckley Rd; turn right on Buckley Rd. and proceed to North Medical Center.

**FROM THE NORTH:** Exit 81 S. at Taft Rd.; turn right on Taft to Buckley Rd.; turn left on Buckley Rd. and proceed to North Medical Center.

**FROM THE EAST:** Exit 481 N. at Northern Blvd.; turn left on Northern Blvd. and proceed to Taft Rd.; turn right on Taft Rd. and proceed to Buckley Rd.; turn left on Buckley Rd. and proceed to North Medical Center.

**FROM THE WEST:** Exit 690 E. at Hiawatha Blvd.; turn left on Hiawatha Blvd. and enter 81 N.; exit 81 N. at 7th North St.; turn right on 7th North St. to Buckley Rd.; turn right on Buckley Rd. and proceed to North Medical Center.

**FROM THE THRUWAY:** Exit 36 (Syracuse 1-81); proceed to 81 S. to 7th North St.; turn right on 7th North St. to Buckley Rd.; turn right on Buckley Rd. and proceed to North Medical Center.